



Support Group Facilitator

This volunteer role facilitates peer support groups for TransFolk of WA.

These groups provide important information, support and community connection to trans, non-binary, gender diverse and gender questioning folks, as well as their families.

What you'll be doing:

- Facilitating peer support groups
- Working in a team and with a co-facilitator
- Connecting with peers
- Listening and holding space for group members to share
- Opening and closing the group
- Promoting the values of peer support
- Sharing information and resources with group members
- Other tasks as needed

Skills, experience and qualities needed:

- Same lived experience as the group you are applying to moderate (e.g. you'll need to be a parent or carer of a trans or non-binary person to facilitate a parent support group).
- Strong verbal communication skills including listening and asking curious questions
- People skills such as: friendliness, open mindedness, willingness to 'listen' to what someone is saying

Desirable, but not required (training can be provided):

- Group facilitation experience
- An understanding of the values and principles of peer support
- An understanding of strengths-based and recovery-based principles
- Knowledge of the systems trans and non-binary folks need to navigate to access gender affirming healthcare and support

Time Commitment:

A minimum of 3 hours per month is needed to for this volunteer role. This includes facilitating a monthly group and some admin time.

Other information:

Groups are usually held in person at a venue in the central Perth area. Groups may be held online if there are facilitators interested in hosting online groups.

You will need:

- A device with internet access (e.g. a computer or phone)
- Your own transport to the venue of the group (if applicable)

Support Offered:

You'll be part of a team of other group facilitators. Groups are usually co-facilitated and there is a facilitator debrief post groups for facilitators to check in and support each other.



There will be peer group facilitation training and training on gender affirming supports for people. There will also be experienced facilitators for you to learn from.

You'll receive an induction into volunteering with TransFolk of WA. The Volunteering Coordinator or a supervisor will be the point of contact re volunteering responsibilities and commitments.

Benefits of the role:

- Sense of satisfaction knowing you've supported someone or provide key information and resources
- Gaining experience in peer support group facilitation
- Opportunity to learn from others more experienced in online group facilitation
- Learning about experiences and issues that people in the community encounter
- Being connected to the broader group of TransFolk of WA Volunteers

What to do if you're interested:

Head to the TransFolk of WA website and complete the volunteer expression of interest online form.

The form will ask for:

- Your contact details
- How you identify (as a peer organisation this is relevant)
- A paragraph outlining why you're interested in the role
- A paragraph responding to the information in this role description
- Information on your skills